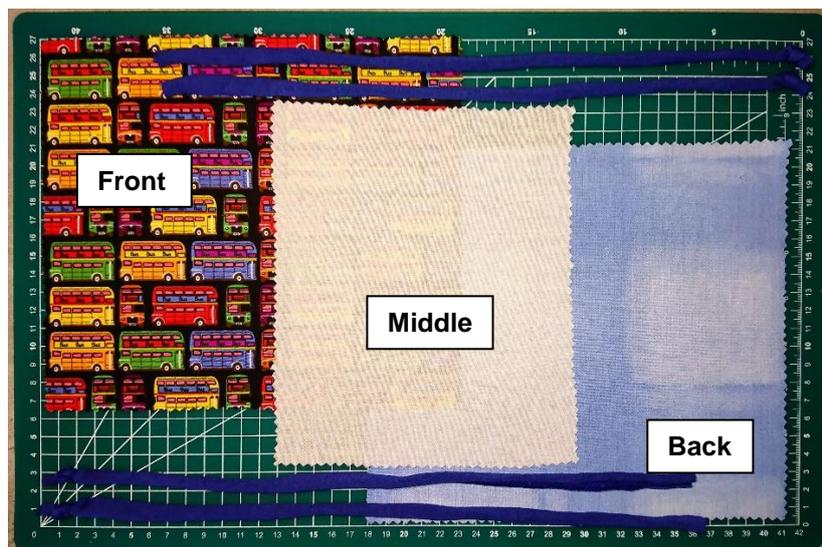


FACE MASK MAKING GUIDE

**MASKS FOR
EXTRAORDINARY
PEOPLE**

You will need:

- 3 Pieces of material:
 - Front: W9 x H8 inches / W23 x H20 cm
 - Middle: W6.5 x H8 inches / W16.5 x H20 cm
 - Back: W9 x H8 inches / W23 x H20 cm
- Head ties x 4
- Pins etc.



If you wish...

Quilting clips instead of pins to secure the pleats.

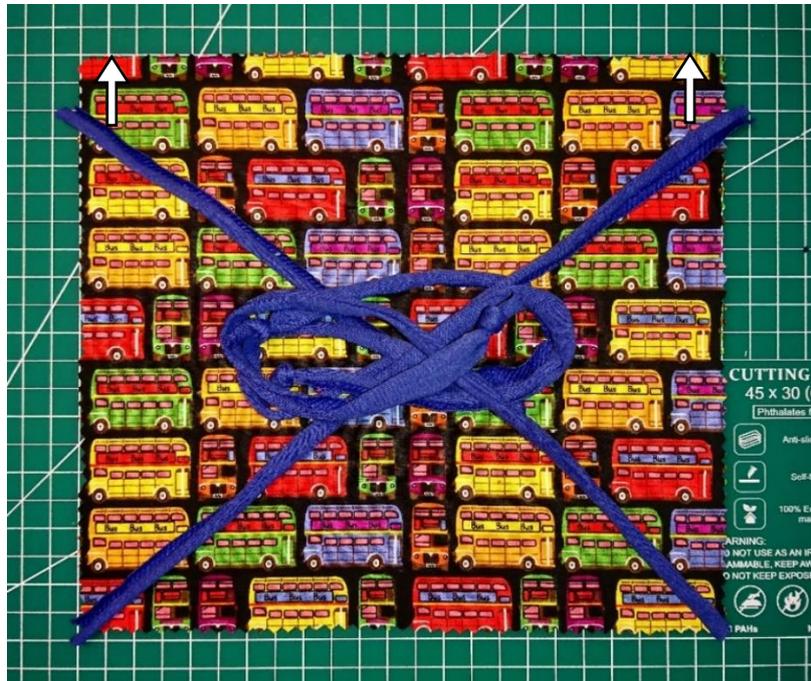
A point turner tool (or chopstick) to help form corners and edging.

A yoga block or similar, to help keep your mask level when sewing (if you don't have an extension table).

Wire for the nose bridge e.g. pipe cleaner, kitchen twist tie...



- 1) Arrange the 4 head ties on the front piece, with the top ties approx. 3/4 inch / 2 cm from the top.

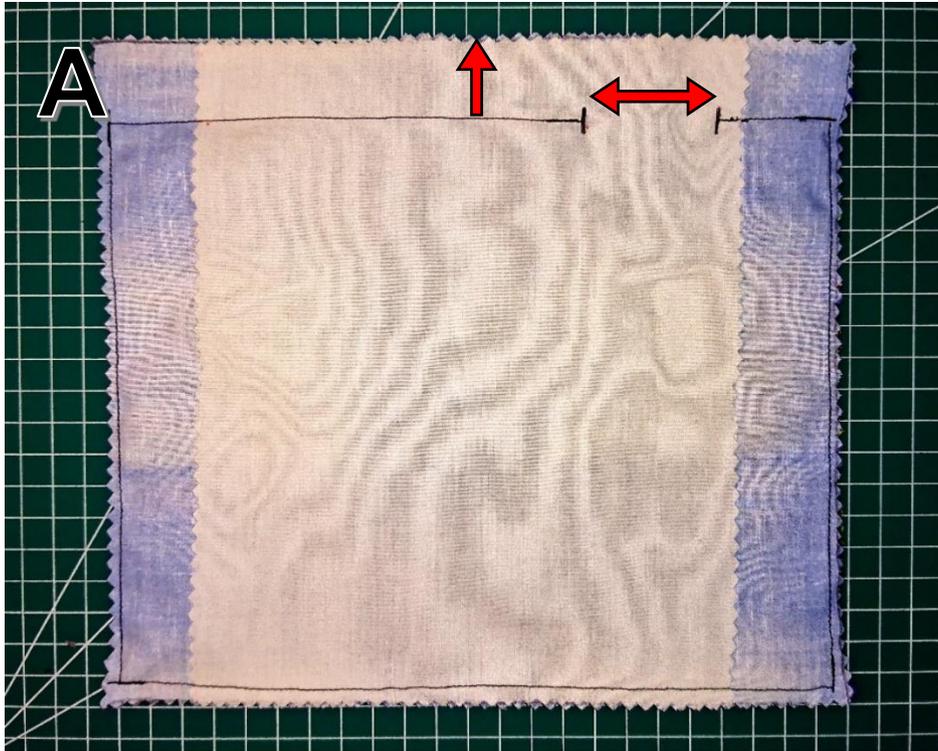


- 2) Pin the ties, front, back and middle pieces in place.

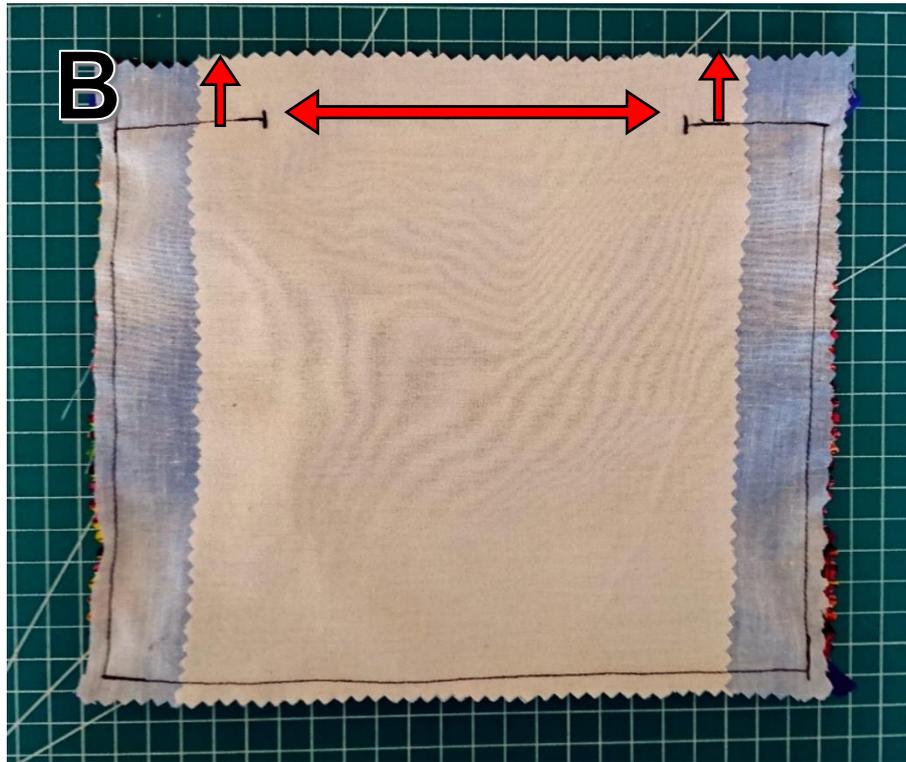


- 3) Stitch around the edge with the margin at the top, and a wide enough gap to pull material through – there are two methods for this.

The margin at the top is to form a neat channel for the nose bridge wire.



If you would prefer to leave a wider gap to pull material from inside to out, you can sew as below.



4) Fold 3 narrow pleats into the centre of the mask.



5) Stitch around the edges and create the channel for the nose bridge wire (see next page). Sew a second row at the sides.



When stitching around the pleated mask, create a channel for the nose bridge wire along the top, approx. 4-5 inches / 10.5 -12.5 cm long.

Depending on which method you used at Step 3, use one of the below to create the channel.



If required, insert wire to form the nose bridge.



MASK TYING TECHNIQUES

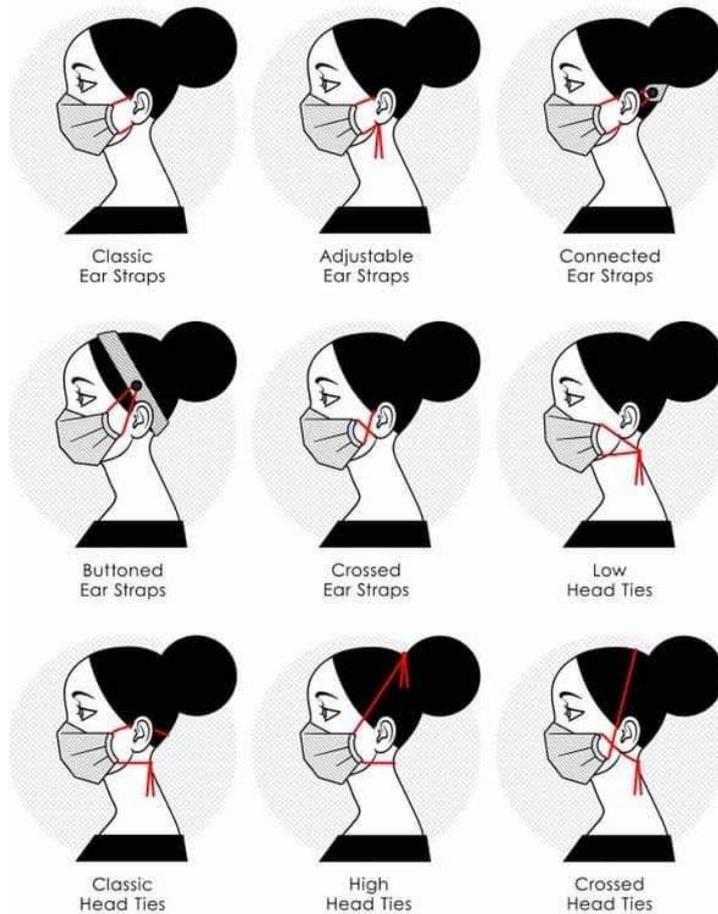


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